

THE PENNSYLVANIA BASEBALL ACADEMY

High School Holiday Showcase Registration & Waiver Form

Name

Address

Home Phone

Cell Phone

Email Address (To receive latest news/updates)

_____ @ _____ . _____

Please Confirm Above Email Address

_____ @ _____ . _____

School

Parents Names

Age _____ Date of Birth _____

Grad Year

Position/s

GPA _____ SAT _____

Height _____ Weight _____

60 time _____ From Which Event _____

Pitching _____ From Which Event _____

Velocity _____

HS Stats:

BA _____ HR _____ RBI _____ SB _____ 2B _____ 3B _____

HS Pitching:

W _____ L _____ SO _____ BB _____ ERA _____ MPH _____

Stats:

Summer Team

Fall Team

Summer Coach

Fall Coach

Agreement to Participate in Baseball Workouts:

Participation in all sports and physical activities involves certain inherent risks and, regardless of the care taken, it is impossible to ensure the safety of the participant. Baseball workouts are conducted indoors and outdoors, and require agility, coordination, strength and a high level of cardiovascular fitness. Because they are conducted with one or more persons, there is a lot of action taking place making it more dangerous. The camps involve high activity levels for approximately 5 hour, with many quick bursts of speed and sprints. Players also participate in repetitive throwing that requires adequate arm strength. Baseball involves fast moving objects, such as swinging bats and thrown balls, and occasional body-to-body contact. Therefore, baseball camps also require quick mental abilities and reactions. While the camps are reasonably safe, as long as safety

guidelines are followed, there are some elements of risk cannot be eliminated from the activity.

A variety of injuries may occur to a baseball participant. Some examples of those injuries are:

1. Minor injuries such as scrapes, bruises, sprains, and strains;
2. More serious injuries such as broken bones, cuts, concussions, eye injuries (including loss of vision), internal elbow and shoulder injuries and head/neck/spine injuries;
3. Catastrophic injuries such as heart attacks, paralysis, and death.

These, and other injuries, sometime occur in baseball as a result of hazards or accidents such as being struck by a ball, being struck by a bat, colliding with another player, sliding, slipping, or excessive stress placed on the cardiovascular system.

To help reduce the likelihood of injury to yourself and to other participants, participants are expected to follow the following rules:

- All participants are expected to wear proper footwear and clothing while participating.
- All participants are expected to wear the proper protective equipment.
- All participants are expected to follow all rules and regulations set forth by the coaches.
- All participants are expected to avoid swinging or throwing when it might endanger another player.
- All participants are expected to notify the coach or coaches of any injury as soon as it occurs.

I agree to follow the preceding safety rules, all posted safety instructions, and all rules common to the sport of baseball and the camps. Further, I agree to report any unsafe practices, conditions, or equipment to the coaches.

I have read the preceding information and it has been explained to me if necessary. I know, understand, and appreciate the risks associated with participation in baseball and I am voluntarily participating in the activity. In doing so, I am assuming all of the inherent risks of the sport. I further understand that in the event of a medical emergency, management will call EMS to render assistance and that I will be financially responsible for any expenses involved.

Name of the participant

Signature of Participant

Date

Signature of Legal Guardian

Date

Signature of Legal Guardian

Date

Waiver of Liability:

In consideration of being permitted to participate in baseball workouts, on behalf of myself, my family, my heirs, and my assigns, I hereby release Pennsylvania Baseball Academy, its coaches, and associates from liability for injury, loss, or death to myself, while in any way associated with participating in the baseball workouts now or in the future, resulting from the ordinary negligence of Pennsylvania Baseball Academy, its coaches, and associates.

Name of the participant

Signature of Participant Date

Signature of Legal Guardian Date

Signature of Legal Guardian Date